

# Prayer

Session 3

Let's Pray

Pray this prayer as you begin.

Lord, what a wonderful thing conversation between friends is. Thank You for prayer that I/we can use to talk with You. Help the scriptures in this lesson to help me/us as I/we learn how to use prayer as conversation with my/our very best friend and our perfect father.

As we go through these scriptures choose one that really “speaks” to you and write it on a slip paper.

At the end of this session you can put this “scripture slip” in your wallet or purse and use it to help you remember what this “step” is in learning to walk with Christ.

Ezra 9:5

Although this verse is uttered by a specific person in a specific set of circumstances, it really applies to each of us. We need to confess our sins through prayer.

## Nehemiah 1:4

Nehemiah was sorrowful for those on whom God's righteous judgment had fallen and was pouring out his heart and its sorrows to God much as we should do when we realize how our choices have resulted in unpleasant consequences.

Psalms 66:19

YES!!! We can count on God hearing us too.

Proverbs 21:13; 28: 9

Verse 13 We need to remember to treat others as God treats us. We expect God to listen to us when we need something. God expects us to listen to our fellow man.

Verse 9 God won't listen to us if we don't obey the law. If we don't respect earthly law then how can God expect us to obey His laws?

Matthew 6:5, 7; 7:7-11; 18:19-20; 21:22

Chapter 6 warns us to be sincere in our conversation with God.

Chapter 7 tells us that God is a good Father and we can repeat our requests.

Chapter 18 reminds us that Jesus is with us when we are gathered in prayer.

Chapter 21 tells us that God honors our faith in Him.



Mark 11:24

This echoes the previous promise that God honors our belief in answered prayer.  
(Remember; God cannot lie.)

Luke 11:9-11

This echoes that God is a good Father and will hear and respond to our requests and that it is all right to repeat our requests.

## John 14:13

We can ask in Jesus name means that we can claim kinship with Christ as His adopted brothers and sisters and expect God to do for us just as He did for Jesus. Anything that will bring glory to God's name is an appropriate request.

Acts 10:30

God will answer us in specifics if we are listening expectantly.

## Philippians 4:6

The song said “Don’t worry, be happy”. The Bible says “don’t worry, let God handle it”.

You tell God what you need and thank Him in advance for supplying your needs.

2 things to remember:

1. God already knows your needs, you don’t tell Him to inform Him of those needs, you tell Him to remind yourself just Who it is that supplies your needs.
2. You thank Him in advance to show your faith that He will take care of it.

## 1 Thessalonians 5:16-17

We are to show we trust God by being joyful in every circumstance. We are to be in constant communication with God.

**NOTE:** there is a difference in joyfulness and happiness—happiness relates to your surroundings and circumstances; joy relates to your dependence on and faith in God.

## James 1:5-7

Do you want to know what decision to make, what choice is right for you? This scripture assures us that God will let us know if we ask Him. However, when God answers we are to **FOLLOW** His instructions, not second-guess Him.

**These two verses, one from the Old Testament and one from the New Testament summarize this lesson.**

**Isaiah 65:24 and James 5:16**

**Isaiah assures us that God is in the process of answering our prayers even as we actually pray them.**

**James tells us when righteous people pray things happen!**

**One thing we have to know and believe is that God hears our prayers.**



God always answers prayers---yes, no, wait. Sometimes “no” answers are because what we want is not in our best interests and sometimes because of our motive for asking is not in line with Godly principles.

Prayer is about getting to know God, worshipping Him, trusting Him, thanking Him. ACTS

**A**cknowledge who God is

**C**onfess your sins

**T**hank Him for all He does for you

**S**upplicate (ask) for what you want and need

Many times we forget that God has a plan for each person. Questions about prayers for healing are common. Remember there are 5 types of healing: the day-to-day healing through our natural immunity; otc pills that we take; professional treatments recommended and enacted by doctors; miraculous healings that come only from God; and death which ends suffering and disease. We must trust our loving Father to do what is best and fits with His will which we are not required to understand.

Remember when you met your best friend or spouse for the first time? How did you get to know that person?

You TALKED WITH THEM. You had conversations with them.

Prayer is conversation with God. You pray partly to get to KNOW God. Remember conversations are not one sided. Both listening and talking are required of each.

Prayer is also about listening to God speak to us.  
God speaks to New Testament Christians through:

- the Holy Spirit
- other Christians
- the Scriptures
- prayer
- circumstances
- the church
- music

He may speak to you in additional ways but the above ways are the most common and reliable.

You may want to use the following guideline at first until you are more comfortable talking with God.

## Acknowledge Who God Is

Address Him as Creator, Father, Lord, Daddy

## Confess your sins.

Ask God to forgive you for ...(BE SPECIFIC)

## Thank Him

For all He has given you and done for you today, this week,  
etc. (BE SPECIFIC)

## Supplicate (ask)

For whatever you need... comfort, money, groceries, peace in your  
heart, healing (BE SPECIFIC)

REMEMBER God already knows ALL your sins and all your needs. You ask specifically because doing so reminds you of Who is in charge and puts God in the proper place in your life.

Everything that we have examined in this session is summarized in the assurance that follows.

Assurance 3:

***I AM TALKING WITH GOD THROUGH  
PRAYER!***

This concludes session 3

Let's pray.



Lord, help me/us to remember what a wonderful gift prayer is and that You are available 24/7 to listen to us. Help me/to also remember that I/we are free to talk with You about anything at any time.